

## **Course Description**

### **NUR1060C | Adult Health Assessment | 3.00 credits**

This course is designed to provide students with the necessary skills to perform an in-depth nursing history and a complete physical examination on an adult client. The focus will be on clients with minimal or no alterations in their health state. Students will be introduced to and will demonstrate the techniques used in physical examination. Prerequisite: Admission to the School of Nursing; Corequisites: NUR1025, NUR1025C, NUR1025L and NUR1141

## **Course Competencies:**

**Competency 1:** The student will demonstrate primary health care and health assessment by:

1. Explaining the significance of the assessment phase of the nursing process
2. Using assessment techniques to gather data
3. Performing a general survey

**Competency 2:** The student will apply the components of the health history by:

1. Performing a complete health history on a selected client
2. Using therapeutic communication techniques in obtaining the history
3. Using knowledge of cultural diversity to obtain the history
4. Implementing the client's right to privacy and confidentiality

**Competency 3:** The student will collect subjective and objective data pertinent to the integumentary system by:

1. Performing a system-specific history
2. Applying the techniques of inspection and palpation

**Competency 4:** The student will collect subjective and objective data pertinent to the assessment of the head, neck and face by:

1. Performing a system-specific history
2. Applying the techniques of inspection, palpation, and auscultation

**Competency 5:** The student will collect subjective data pertinent to the assessment of eyes and ears by:

1. Performing a system-specific history
2. Applying the techniques of inspection and palpation

**Competency 6:** The student will collect subjective and objective data pertinent to the neurological system by:

1. Performing a system-specific history
2. Applying the techniques of inspection, palpation, and percussion

**Competency 7:** The student will collect subjective and objective data pertinent to the musculoskeletal system by:

1. Performing a system-specific history
2. Applying the techniques of inspection and palpation

**Competency 8:** The student will collect subjective and objective data pertinent to the respiratory system by:

1. Performing a system-specific history
2. Applying the techniques of inspection, palpation, percussion, and auscultation

**Competency 9:** The student will collect subjective and objective data pertinent to the cardiovascular system by:

1. Performing a system-specific history
2. Applying the techniques of inspection, palpation, and auscultation

**Competency 10:** The student will collect subjective and objective data pertinent to the genitourinary system by:

1. Performing a system-specific history
2. Applying the techniques of inspection and palpation

**Competency 11:** The student will collect subjective and objective data pertinent to the gastrointestinal system by:

1. Performing a system-specific history
2. Applying the techniques of inspection, palpation, percussion, and auscultation

**Competency 12:** The student will apply the skills of health assessment to the elderly client by:

1. Recognizing the developmental tasks
2. Interpreting the standard aging deviations found

**Learning Outcomes:**

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information